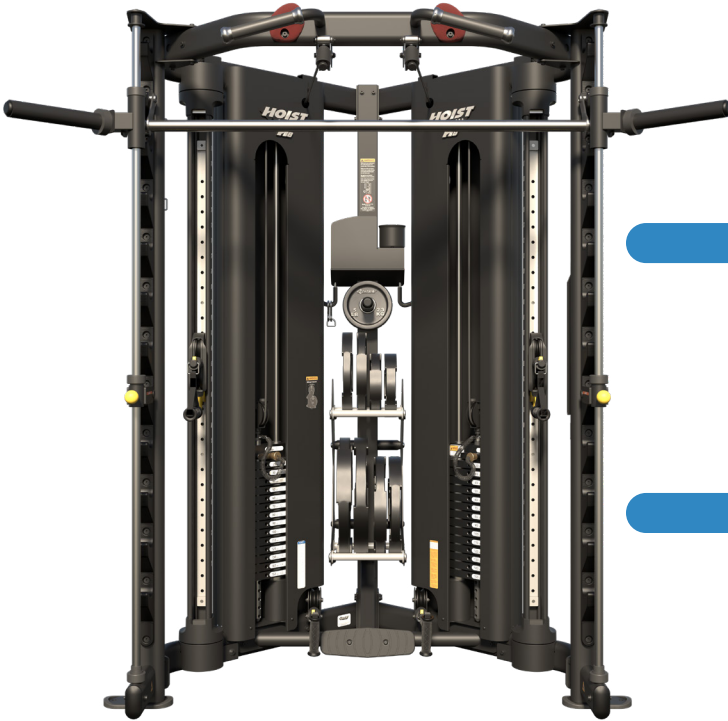


FUNCTIONAL TRAINER

H-8

Big Performance. Compact Design. Transform your home gym or light commercial space with HOIST® Fitness H8 Functional Trainer—a powerful all-in-one solution engineered for efficiency, versatility, and style. Designed to fit seamlessly into a corner, the H8 saves space without sacrificing functionality. Built with HOIST®'s signature EZG cable columns, the H8 combines the smooth performance you expect with a fully integrated Smith machine, dedicated low row, lat pulldown stations, and built-in weight storage—all in one sleek, corner-friendly footprint. Whether you're training for strength, performance, or total-body fitness, the H8 delivers the tools you need, right where you need them.



*WEIGHT PLATES SHOWN ARE NOT INCLUDED & SOLD SEPARATELY

EZG CABLE COLUMNS

- ◆ 180° rotating columns
- ◆ Patented single-handed Adjustment System
- ◆ Quick-Release Adaptors for rapid accessory changes
- ◆ 28 pulley adjustment points per column (independent or dual-side use)

SMITH MACHINE

- ◆ 12 rack-out positions
- ◆ Starting weight: 35 lbs. (16 kg)
- ◆ Max capacity: 450 lbs. (204 kg)
- ◆ Angled weight horns for compact loading

INTEGRATED PULLEY STATIONS

- ◆ 2 × Lat Pulldown pulleys
- ◆ 2 × Low Row pulleys
- ◆ Split Weight Cabling: Delivers 50% resistance for extended cable travel (Cable travel distance 85.00" (216 cm))

PULL-UP OPTIONS

- ◆ Standard chin-up bars
- ◆ Textured rock-climbing grips

WEIGHT SYSTEM

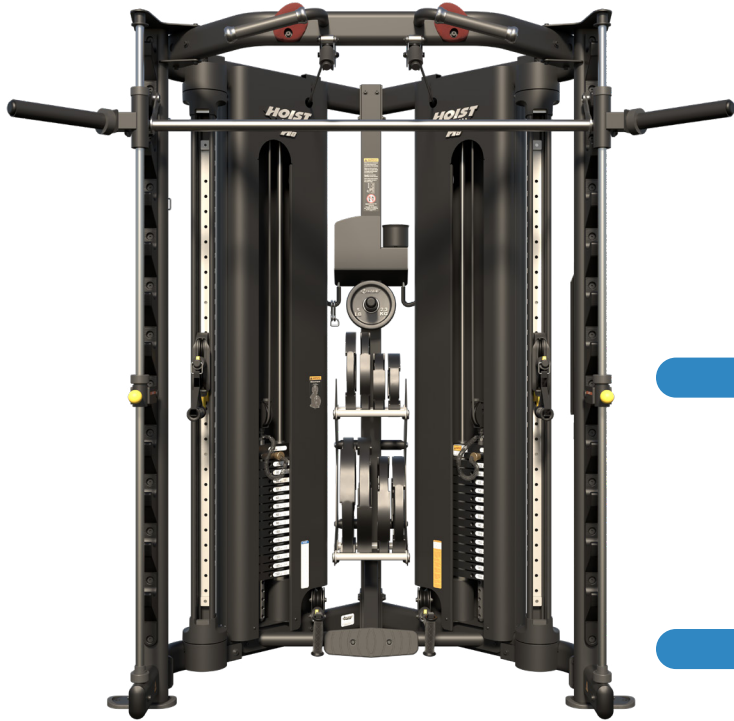
- ◆ Standard: 2 × 150 lbs. Silent Steel® stacks
Precision-machined steel plates with industrial plastic bushings
Fully enclosed for safety and noise reduction



Download the HOIST Strength App! (Visit hoistfitness.com/ scan on your smart phone to download a free QR Code Scanner.)

Free HOIST® Strength app provides access to dozens of exercise tutorials, workout plans and fitness training





*WEIGHT PLATES SHOWN ARE NOT INCLUDED & SOLD SEPARATELY



Download the HOIST Strength App! (Visit hoistfitness.com/ scan on your smart phone to download a free QR Code Scanner.)

Free HOIST® Strength app provides access to dozens of exercise tutorials, workout plans and fitness training



WEIGHT SYSTEM (CONT)

- ◆ Optional Upgrade: 2 × 200 lbs. stacks (400 lbs. total)
- ◆ Weight Plate Storage Capacity: 300 lbs. (136 kg)

ACCESSORIES INCLUDED

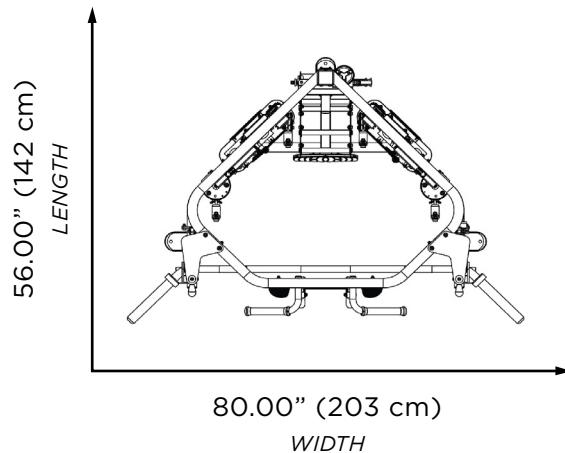
- ◆ 2-to-1 Cable Adapter
- ◆ Two Strap Handles w/ Square D-Ring
- ◆ Fleece Knee Strap (1 D-Ring & 2 Square Rings)
- ◆ Chin Assist Strap (4" wide)
- ◆ Two Carabiner Adapters
- ◆ Aluminum Straight Bar Assembly
- ◆ Aluminum Curl Bar Assembly
- ◆ Aluminum Lat Bar
- ◆ Two Strap Handles w/ 3 Square Rings

ADDITIONAL FEATURES

- ◆ Central weight & accessory storage
- ◆ Integrated phone/tablet rack
- ◆ Water bottle holder
- ◆ Multiple hooks for organized attachment storage

SPECS (L X W X H)

56.00" X 80.00" X 83.50" (142 cm X 203 cm X 212 cm)



PRODUCT WEIGHT

903 lbs (410 kg)

1003 lbs (455 kg) with optional 200 lb weight stacks



H SERIES

FULL SPECS

PRODUCT NAME		LENGTH	WIDTH	HEIGHT	WEIGHT	WEIGHT STACK
H-8	H8 FUNCTIONAL TRAINER	56.00" (142 CM)	80.00" (203 CM)	83.50" (212 CM)	903 lbs (410 kg)	2 × 150 LBS. UPGRADEABLE TO 2 × 200 LBS.)

CARDIO

Treadmill

TRM 631

Product Features

P31 CONSOLE

A LED console that works harder for you, your exercisers, and your servicers. Exercisers will enjoy the well-placed speed and incline controls, as well as accessible workout options. Supercharge your servicers' efficiency by providing detailed equipment status information, reducing downtime on your fitness floor.

COMMERCIAL-GRADE DRIVE AND LIFT MOTOR

The TRM 631 is equipped with a commercial-grade 3 HP high-efficiency AC-motor drive (4.3 HP peak) that enhances performance, efficiency, and reliability to deliver a treadmill that is ideal for dues-paying commercial fitness facilities as well as hospitality venues, multi-family housing complexes, corporations and municipal service organizations.

INTEGRATED FOOTPLANT TECHNOLOGY™

Recognizes the exerciser's natural foot speed and matches every stride for an ultra-smooth feel that enhances their workout experience.

GROUND EFFECTS® IMPACT CONTROL SYSTEM

Our patented system combines ideal cushioning, support, and stability for exercisers. Precor decks are designed to provide more absorption in the front where the exercisers' feet hit the belt and added rigidity at the back for a firm push-off.



Black Pearl

Specifications

Dimensions (L x W x H): 83 x 35 x 62 in / 211 x 89 x 157.5 cm

Product Weight: 385 lb / 175 kg

Max User Weight: 400 lb / 181 kg

Step-up Height: 8.4 in / 21.3 cm

Handrail Length: 18 in / 46 cm

Running Surface: 60 x 22 in / 152 x 56 cm

Power: US & Canada: 120V/20A individual branch circuit;
International: 240V, applicable country-specific power cord

Total Workouts: 28

Elevation Range: 0% to 15% incline in 0.5% increments

Speed Range: 0.5 - 12 mph / 0.8 - 19.2 km/h

Motor Drive: 3 HP high-efficiency AC-motor (4.3 HP peak)

Languages: English, French, German, Hebrew, Italian, Japanese, Portuguese, Russian, Spanish, Turkish

Accessories: Integrated Reading Rack, Mobile Device Charger (Standard), Cable Management (Optional)

Warranty: Visit www.precor.com for warranty terms.

CARDIO

Elliptical Fitness Crosstrainer®

EFX® 635

Product Features

ADJUSTABLE CROSSRAMP®

Our patented CrossRamp® technology allows exercisers to isolate lower-body muscle groups with adjustable incline angles ranging from 10 to 35 degrees. Exercisers can easily target glutes, quadriceps, and calves to create a well-rounded workout tailored to their fitness goals. Large open pedals, a low step-over height, and an accessible 10-degree starting angle make it simple for beginners to get started.

P31 CONSOLE

A LED console that works harder for you, your exercisers, and your servicers. Exercisers will enjoy the well-placed resistance and incline controls, as well as accessible workout options. Supercharge your servicers' efficiency by providing detailed equipment status information, reducing downtime on your fitness floor.

HANDLEBARS

The moving handlebars deliver a full-body workout with every session. Fixed grips provide stability and confidence for exercisers focused on lower-body training, making the EFX adaptable for all fitness levels.

STEP-UP HEIGHT & PEDAL SPACING

The low step-up height improves accessibility and the optimized pedal spacing provides a more natural and comfortable feel.

COVERED REAR DRIVE HOUSING

Experience easy maintenance with a covered rear drive housing that enables quick access for cleaning and service.

Specifications

Dimensions (L x W x H): 86 x 28 x 68 in / 218 x 71 x 173 cm

Product Weight: 323 lb / 147 kg

Max User Weight: 350 lb / 159 kg

Step-up Height: 8 in / 20 cm (pedal at lowest point)

Power: Self-Powered

Total Workouts: 15

Resistance Levels: 20

Ramp Angle: 10 - 35 degrees

Languages: English, French, German, Hebrew, Italian, Japanese, Portuguese, Russian, Spanish, Turkish

Accessories: Integrated Reading Rack, Mobile Device Charger (Standard), Cable Management (Optional)

Warranty: Visit www.precor.com for warranty terms.



Black Pearl

UBK 635

Experience™ Series

UPRIGHT BIKE

Product Features

1. P31 Console

Finally, an LED console that works harder for you, your servicers, and your exercisers. Get integrated asset management to supercharge your service techs with extra information, right at their fingertips. Exercisers will enjoy the well-placed channel or volume change controls. The black color on the P31 looks great across the full range of Precor cardio equipment.

2. Over-molded Handlebars

The over-molded style adds comfort and durability while offering dual heart rate contacts and three ergonomic riding positions: upright, cruising, and road.

3. Seat Adjustment and Improved Saddle Design

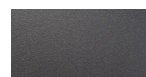
The intuitive pop pin seat adjustment allows users to easily change seat height.

4. Pedals

The extra wide pedals comfortably accommodate feet of all sizes and feature integrated, adjustable straps to ensure proper pedaling form.

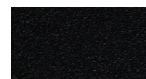
5. Ease of Maintenance

The easy-to-remove shrouds ensure quick access to the belt-drive system for maintenance and servicing without removing the pedals or crank arms.



Storm Grey

Refined colorways with dark Tungsten covers and two frame color options, Storm Grey and Black Pearl.



Black Pearl

Specifications

Dimensions (L x W x H): 43 x 21 x 59 in / 109 x 53 x 150 cm

Height with PVS: 70 in / 178 cm

Product Weight: 144 lb / 65 kg

Power: Self-powered

Total Workouts: 12

Resistance Levels: 25

Minimum Watts: 22 (level 1 at 20 RPM)

Maximum Watts: 500 (level 25 at 150 RPM)

Languages: English, French, German, Hebrew, Italian, Japanese, Portuguese, Russian, Spanish

Network Capabilities: C-SAFE enabled
Mobile Device Charger - Standard

Entertainment: Optional - 15.6 in / 39.6 cm Personal Viewing System (PVS)

Accessories: Reading Rack, Water Bottle Holder
Optional - Cable Management

Warranty: Visit www.precor.com for warranty terms.

DBR0611

Discovery™ Series Benches and Racks

Half Rack



The Discovery Series Half Rack features the benefits of the Discovery Series Power Rack, but with a space efficient footprint. The Half Rack's enhanced functional capability allows for the use of bands, chains, torso trainers, battle ropes, suspension fitness training, and more, along with traditional Half Rack exercises.

Strength equipment is a long-term investment and with the Discovery Series from Precor, you can make your strength purchase with confidence. With a full range of approachable and intuitive products that perform for exercisers of all ability levels and will withstand the test of time, the Discovery Series is the straightforward strength solution you've been looking for.



DBR0611

Discovery™ Series Benches and Racks

Half Rack

Storage

The ten weight storage horns neatly accommodate bumper plates. The Olympic Bar and functional apparatus storage is conveniently positioned to enhance accessibility.

Dual Chin-Up/Pull-Up Handles

Dual Chin-Up and Pull-Up Handles with step-up and weight assist band hooks allow for numerous chin-up and pull-up opportunities for a wide range of exercisers.

Secure & Sturdy

The heavy-duty, fully welded dual-pin system on the bar catches and safety rails provide maximum durability, stability, and ease of adjustment. Both feature quick changeover, high-impact, polyurethane covers and inserts to protect all wear surfaces from metal-on-metal contact, preserving the paint finish of the Half Rack.

Straight Bar

A smooth, straight Pull-Up/Chin-Up bar allows for kipping style pull-ups, chin-ups, and muscle-ups, as well as a convenient anchor point for suspension fitness training apparatuses.

Optional Band Pegs

Pegs allow for the use of loop style bands to add progressive resistance to barbell training movements.

Rubberized Step-Ups

Convenient steps allow for easier access to the Chin-Up/Pull-Up stations and are dipped to enhance durability and provide a slip-resistant surface. The step is angled to create a convenient Olympic Bar storage point and catch for performing deadlift exercises. The round gusset beneath the step-up allows for the anchoring of battle ropes.



Specifications

Dimensions (L x W x H): 71 x 61 x 98.5 in / 180 x 155 x 250 cm

Product Weight: 453 lb / 205 kg

Max Lift Load Capacity: 600 lb / 272 kg

Max Storage Weight: 1800 lb / 817 kg

Optional Accessories: Band Peg Kit, Torso Trainer, Combo Rack Connector Kit, Side-by-Side Connector Kit, Lifting Platform (4 in / 10 cm thick; Platform: 98 in W x 72 in D / 249 cm x 183 cm; Insert: 40 in W x 47 in D / 102 cm x 119 cm), Optional custom logo for lifting platform is available at an additional cost.

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl



Gloss Metallic



Gloss White**

* Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

DBR0610

Discovery™ Series Benches and Racks

Power Rack



The foundation of any facility, the Discovery Series Power Rack, is the perfect tool for seasoned lifters and those new to strength training. The enhanced functional capability of the Power Rack allows for the use of bands, chains, torso trainers, battle ropes, suspension fitness training, and more, along with traditional Power Rack exercises.

Strength equipment is a long-term investment and with the Discovery Series from Precor, you can make your strength purchase with confidence. With a full range of approachable and intuitive products that perform for exercisers of all ability levels and will withstand the test of time, the Discovery Series is the straightforward strength solution you've been looking for.



DBR0610

Discovery™ Series Benches and Racks

Power Rack

Storage

The ten weight storage horns neatly accommodate bumper plates. The Olympic Bar and functional apparatus storage is conveniently positioned to enhance accessibility.

Dual Chin-Up/Pull-Up Handles

Dual Chin-Up and Pull-Up Handles with step-up and weight assist band hooks allow for numerous chin-up and pull-up opportunities for a wide range of exercisers.

Secure & Sturdy

The heavy-duty, fully welded dual-pin system on the bar catches and safety rails provide maximum durability, stability and ease of adjustment. Both feature quick changeover, high impact, polyurethane covers and inserts to protect all wear surfaces from metal-on-metal contact, preserving the paint finish of the Power Rack.

Straight Bar

A smooth, straight Pull-Up/Chin-Up bar allows for kipping style pull-ups, chin-ups, and muscle-ups, as well as a convenient anchor point for suspension fitness training apparatuses.

Optional Band Pegs

Pegs allow for the use of loop style bands to add progressive resistance to barbell training movements.

Rubberized Step-Ups

Convenient steps allow for easier access to the Chin-Up/Pull-Up stations and are dipped to enhance durability and provide a slip-resistant surface. The step is angled to create a convenient Olympic Bar storage point and catch for performing deadlift exercises. The round gusset beneath the step-up allows for the anchoring of battle ropes.



Specifications

Dimensions (L x W x H): 83 x 63 x 98.5 in / 211 x 160 x 250 cm

Product Weight: 613 lb / 278 kg

Max Lift Load Capacity: 800 lb / 363 kg

Max Storage Weight: 1800 lb / 817 kg

Optional Accessories: Band Peg Kit, Combo Rack Connector Kit, Side-by-Side Connector Kit, Dip Station, Torso Trainer, Reverse Bar Catches, Lifting Platform (4 in / 10 cm thick; Platform: 98 in W x 72 in D / 249 cm x 183 cm; Insert: 40 in W x 69 in D / 102 cm x 175 cm), Optional custom logo for lifting platform is available at an additional cost.

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most severe environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl



Gloss Metallic



Gloss White**

* Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

824FID-BK STRENGTH EQUIPMENT | FLAT/INCLINE/DECLINE BENCH

The TKO Strength Equipment line of cages and benches provides high quality product with a simple design to enhance the user workout and ensure a worry-free product for your facility. All products offer the finishing touches that complete the high-end look and provides a durable product wherever used.

PRODUCT SPECIFICATION

DIMENSIONS: 53" x 32 ½" x 18"

PRODUCT WEIGHT: 76 lbs.

WEIGHT CAPACITY: 700 lbs

FRAME COLOR: Black

UPHOLSTERY COLOR: Black

WARRANTY: Frame= 10 Years Parts= 1 Year
Upholstery/Grips/Rollers= 6 Months

FEATURES & BENEFITS

- FRAME Single piece 11 guage steel mainframe.
- Incline adjustment 0° – 80°, Decline adjustment -10°.
- Seat incline + 10° for 90° angle.
- Wider profile for increased stability.
- New easy handle design and rear transport wheels for mobility.
- Rubber feet to protect floors.
- Cushion filled with MC high resilience foam material covered with a high grade vinyl upholstery.
- Max user weight: 350 lbs



840VDR10-BK | STORAGE SOLUTION | 10 PAIR VERTICAL DUMBBELL RACK

TKO Storage Solution racks offer a variety of options to keep your facility organized. Whether it's dumbbells, plates, mats, or stability balls, TKO provides high-quality, streamlined designs that ensure easy access and hassle-free use for everyone.

PRODUCT SPECIFICATION

DIMENSIONS: L 29" x W 24" x H 62"

PRODUCT WEIGHT: 100

FRAME COLOR: Black

WARRANTY: Frame= 10 Years

Parts= 1 Year

FEATURES & BENEFITS

- Unique, patented, front load design for removal with ease.
- Injection molded to protect dumbbells.
- Can support 10 pairs of TKO 814TXR, 816TXU or 804SXR 5-50 lb dumbbells.
- Easy to read number decals for dumbbell placement.



Dumbbells sold separately



The TKO Free Weight line provides high-quality with a stylish design to enhance the look of any facility. Built from the highest-end material and guaranteed to last in the highest used facilities like health clubs, college rec and high school levels.

PRODUCT SPECIFICATIONS

HANDLE DIAMETER: 28mm to 33mm

SIZES: 3, 8, 12, 5 - 100LBS (5LB INC)

WARRANTY: 2 Year Commercial

FEATURES & BENEFITS

- | **HANDLE** - Tri-Grip design for comfort
- | **PLATING** - Hard chrome plated for durability
- | **RUBBER** - Virgin rubber
- | **ASSEMBLY** - Steel insert press fit and welded to handle



8030R**FREE WEIGHT****OLYMPIC RUBBER GRIP PLATE**

The TKO Free Weight line provides high-quality with a stylish design to enhance the look of any facility. Built from the highest-end material and guaranteed to last in the highest used facilities like health clubs, college rec and high school levels.

PRODUCT SPECIFICATIONS**COLLAR OPENING:** 2" / 50.6MM**DIAMETER:** **2.5LB:** 6.30" **5LB:** 7.88" **10LB:** 9.44" **25LB:** 12.5"
35LB: 14" **45LB:** 15.68"**WIDTH:** **2.5LB:** .91" **5LB:** 1.09" **10LB:** 1.28" **25LB:** 2.03"
35LB: 2.03" **45LB:** 2.03"**WARRANTY:** 5 Year Commercial**FEATURES & BENEFITS**

- | Bi-lateral Grip design
- | Durable, non-odor rubber encased
- | Solid steel insert ensures precision fit

**TKOSTRENGTH.COM | 1.866.856.3488****SALES@TKOSTRENGTH.COM**

8130B-60**FREE WEIGHT****60" OLYMPIC STRAIGHT BAR**

The TKO Free Weight line provides high-quality with a stylish design to enhance the look of any facility. Built from the highest-end material and guaranteed to last in the highest used facilities like health clubs, college rec and high school levels.

PRODUCT SPECIFICATIONS**WEIGHT:** 30LB / 14KG**SHAFT DIAMETER:** 30mm**LENGTH:** 60" (152cm)**WARRANTY:** 5 Year Limited**FEATURES & BENEFITS**

- | **ASSEMBLY** - Double snap ring design
- | **FINISH** - Hard Chrome
- | **BEARING** - (2) needle bearing per sleeve for ultra-smooth rotation
- | **KNURLING** - Medium knurl
- | **ENDCAP** - Steel, logo'd and color coded
- | **CAPACITY** - 300lb

**TKOSTRENGTH.COM | 1.866.856.3488****SALES@TKOSTRENGTH.COM**

8130B-47

FREE WEIGHT

47" OLYMPIC CURL BAR

The TKO Free Weight line provides high-quality with a stylish design to enhance the look of any facility. Built from the highest-end material and guaranteed to last in the highest used facilities like health clubs, college rec and high school levels.

PRODUCT SPECIFICATIONS

WEIGHT: 22LB / 10KG

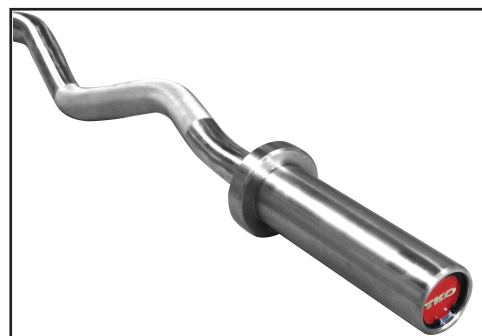
SHAFT DIAMETER: 28mm

LENGTH: 47" (119cm)

WARRANTY: 5 Year Limited

FEATURES & BENEFITS

- | **ASSEMBLY** - Double snap ring design
- | **FINISH** - Hard Chrome
- | **BEARING** - (2) needle bearing per sleeve for ultra-smooth rotation
- | **KNURLING** - Medium knurl
- | **ENDCAP** - Steel, logo'd and color coded
- | **CAPACITY** - 200lb



TKOSTRENGTH.COM | 1.866.856.3488

SALES@TKOSTRENGTH.COM



812HB-72

| **FREE WEIGHT**

| **72" HEX BAR**

The TKO Free Weight line provides high-quality with a stylish design to enhance the look of any facility. Built from the highest-end material and guaranteed to last in the highest used facilities like health clubs, college rec and high school levels.

PRODUCT SPECIFICATION

DIMENSIONS: 72"L x 25 x 7

SHAFT DIAMETER: 30mm

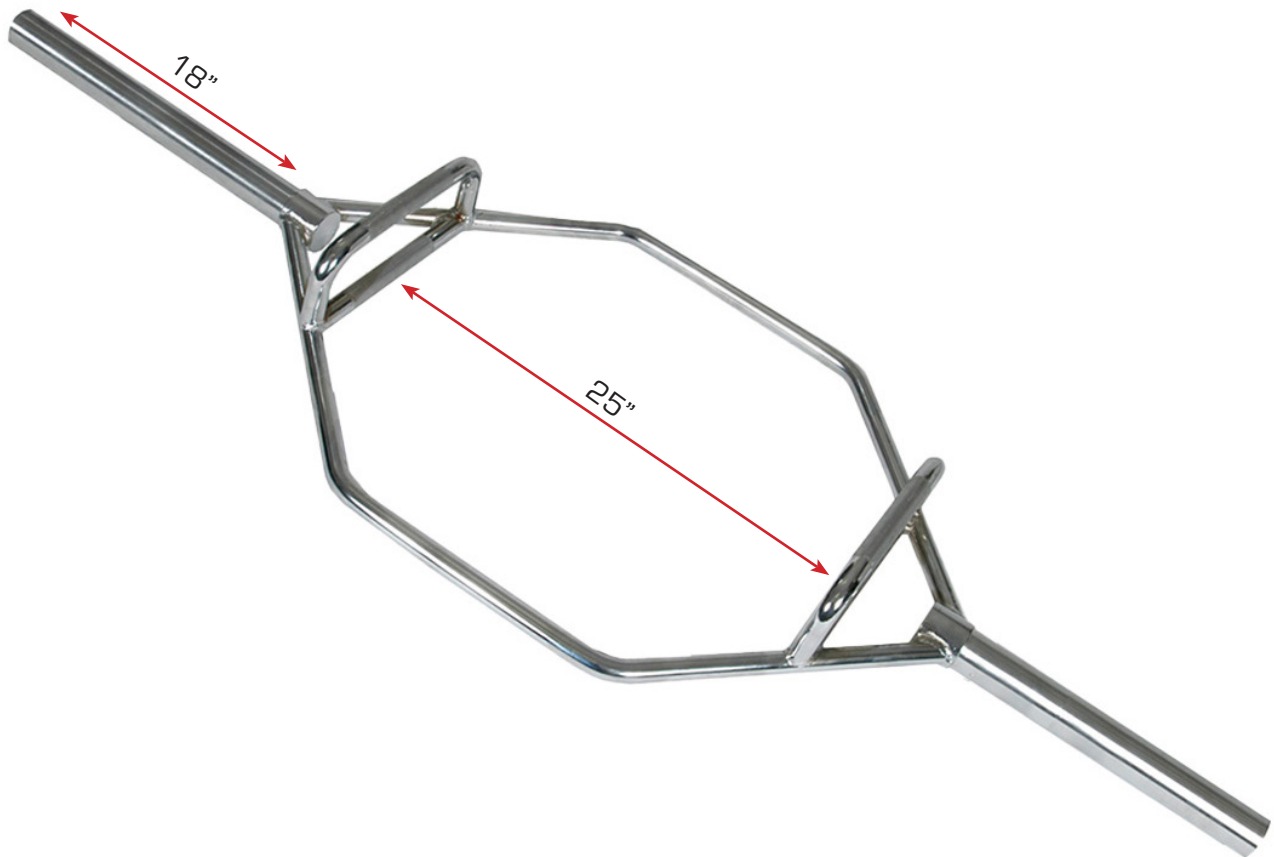
PRODUCT WEIGHT: 57lbs

BAR CAPACITY: 750 lbs

WARRANTY: 5 Year Limited

FEATURES & BENEFITS

- Fully welded for 1 piece construction
- Hard chrome finish
- Hi/Lo handle option for varied lifts
- 18" sleeve length
- Diamond Knurling



813BH2**| STORAGE SOLUTION****| OLYMPIC BAR HOLDER**

The TKO Storage Solution racks provides a variety of options to clean up your facility. From dumbbells or plates to mats and stability balls, TKO can find the right option for you in a high-quality and simple design that offers an easy on/off use for all.

PRODUCT SPECIFICATION

DIMENSIONS: 21 1/2" x 21 1/2" x 10"

PRODUCT WEIGHT: 45 lbs

FRAME COLOR: Matte Black

WARRANTY: Frame=10 Years Parts=1 Year

FEATURES & BENEFITS

- Holds 9 Olympic bars
- Compact boxed design with a minimal footprint
- All welded steel frame with laser cut TKO logo
- Versatile and can hold different types of bars, including Safety Squat Bars, Angle Multi-Grip Barbells, or Hex Trap Bars, ensuring that your gym equipment is well-organized
- Powder-coated finish, which not only enhances its appearance but also provides protection against rust and corrosion, increasing its durability



Close up of Bottom

813BH2**| STORAGE SOLUTION****| OLYMPIC BAR HOLDER**

The TKO Storage Solution racks provides a variety of options to clean up your facility. From dumbbells or plates to mats and stability balls, TKO can find the right option for you in a high-quality and simple design that offers an easy on/off use for all.

PRODUCT SPECIFICATION

DIMENSIONS: 21 1/2" x 21 1/2" x 10"

PRODUCT WEIGHT: 45 lbs

FRAME COLOR: Matte Black

WARRANTY: Frame=10 Years Parts=1 Year

FEATURES & BENEFITS

- Holds 9 Olympic bars
- Compact boxed design with a minimal footprint
- All welded steel frame with laser cut TKO logo
- Versatile and can hold different types of bars, including Safety Squat Bars, Angle Multi-Grip Barbells, or Hex Trap Bars, ensuring that your gym equipment is well-organized
- Powder-coated finish, which not only enhances its appearance but also provides protection against rust and corrosion, increasing its durability



Close up of Bottom